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PATENT APPLICATION

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re the application of:

Attorney Docket No.: 3218.01US02

Bjugstad et al.

Confirmation No.: 2073

Application No.: 10/766,692

Examiner: Hwang, V.K.

Filed: January 28, 2004

Group Art Unit: 3764

For: WEIGHTED TRAINING TAPE

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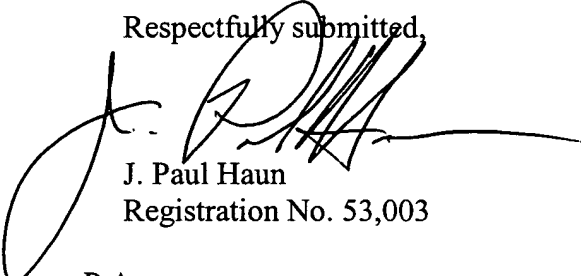
Pursuant to 37 C.F.R. § 1.56, the attention of the Patent and Trademark Office is hereby directed to the references listed on the attached Form PTO-1449. It is respectfully requested that the information be expressly considered during the prosecution of this application, and that the references be made of record therein and appear among the "References Cited" on any patent to issue therefrom.

This information is being filed before the mailing date of a first Office Action on the merits. No certification or fee is required.

Application No. 10/766,692

This application was filed after June 30, 2003; therefore, copies of cited U.S. patents and U.S. published applications are not included. Copies of the cited Canadian patents and one (1) non-patent reference are enclosed.

Respectfully submitted,


J. Paul Haun
Registration No. 53,003

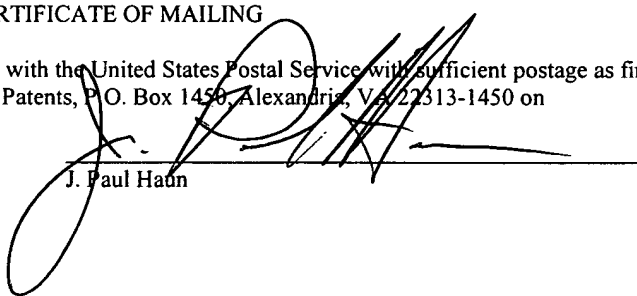
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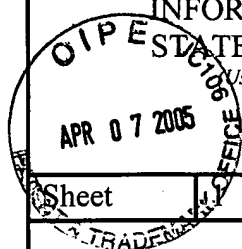
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INFORMATION DISCLOSURE STATEMENT BY APPLICANT <i>(Use as many sheets as necessary)</i>			Application Number	10/766,692
			Filing Date	January 28, 2004
			First Named Inventor	Bjugstad et al.
			Art Unit	3764
			Examiner Name	Hwang, V.K.
Sheet	of	2	Attorney Docket Number	3218.01US02



U.S. PATENT DOCUMENTS				
EXAMINER INITIAL*	Cite No. ¹	Document Number	Publication Date MM-DD-YYYY	Name of Patentee or Applicant of Cited Document
		Number-Kind Code ² (if known)		
		US-3,521,883	07-1970	Hamilton
		US-3,834,697	09-1974	McNamara et al.
		US-4,142,721	03-1979	Faleck et al.
		US-4,364,560	12-1982	Gemmel
		US-4,491,320	01-1985	Smith
		US-5,484,146	01-1996	Loschiavo
		US-5,520,386	05-1996	Sasko
		US-5,993,325	11-1999	Heyer
		US-6,328,666	12-2001	Manory
		US-2002/0142867	10/2002	Peterson et al.
		US-2002/0151386	10/2002	Williams
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FOREIGN PATENT DOCUMENTS					
EXAMINER INITIAL*	Cite No. ¹	Foreign Patent Document	Publication Date MM-DD-YYYY	Name of Patentee or Applicant of Cited Document	T ⁶
		Country Code ³ Number ⁴ Kind Code ⁵ (if known)			
		CA 2,155,128	02-1994	Miller et al.	
		CA 2,141,150	07-1996	Cielo	
		CA 2,184,150	03-1997	Meyers et al.	
		CA 2,217,759	05-1999	Callahan et al.	
		CA 2,258,706	07-2000	Paul	
		CA 2,330,797	07-2002	Bertram	

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				Art Unit	3764
				Examiner Name	Hwang, V.K.
				Attorney Docket Number	3218.01US02
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